

WHAT TO EXPECT THE FIRST DAY OF CAMP

Plan to arrive between 2:00-4:30, enabling your students to get settled in their dorms and to experience the fun "Welcome to Camp" activities planned prior to the opening Pep Rally. Onsite registration will be located in the foyer of Miles Auditorium. We will open promptly at 2:00 p.m. Upon your arrival at camp, **ONLY** the church contact person should go to the registration area to officially check-in your students. At this time, the church contact person will be given the housing assignment, student handbooks, nametags, t-shirts, etc.

At check-in, be prepared to provide the HLC Program Team with the following: (1) Any pre-approved late registration forms and/or final payment needed to complete the registration of your group. For each of the Journey Youth Camp weeks, the housing is booked to capacity. Please do not arrive the day of camp with a student who has not preregistered or been preapproved as a substitute.

For **any** camper bringing medication to camp, the HLC Medical staff will need to collect the individual camper zip-lock bag containing the medications and a completed/signed Medication Administration form -**FORM ***. The medical staff will review all medication and alert the church contact person of any concerns or questions.

WHAT TO BRING TO CAMP

Please label your personal belongings.

- ° Medications to be taken while at camp.
- ° Bible (with name and address in it)
- ° Pen/Pencil/Notebook/Journal
- ° Alarm Clock (not a clock radio)
- ° Closed toe shoes/Tennis Shoes and extra pair of shoes
- ° Sleeping bag or twin size bed sheets, pillow, blanket
- ° Towels and Washcloths
- ° Watch
- ° Beach towel for water recreation
- ° Swimsuit (must be one piece)
- ° Sunscreen
- ° Insect Repellent
- ° Flashlight
- ° Casual Clothing (include some for your color group—ask your sponsor for info)
- ° Grungy Clothing for messy rec games
- ° Laundry Bag
- ° A fantastic attitude and desire to draw near to God.

WHAT NOT TO BRING TO CAMP

- x Food items (attracts ants in the dorms)
- x Cell phones, iPods, mp3 players, video games, cd players, computers, televisions, or any other type of electronic games or equipment. (We ask this to prevent theft and to help youth focus more on God during the week). Only adult sponsors may bring a cell phone.
- x Keepsake or valuable jewelry.
- x Collectible or memorabilia sportswear
- x Skateboards, rollerblades, Heely roller shoes
- x Prank supplies (body paint, shaving cream, water balloons, water guns)
- x Illegal Drugs, alcohol, any form of tobacco
- x Firearms, knives or any kind of weapon
- x Fireworks or matches
- x Immodest clothing or clothing with questionable sayings, slogans, etc. **REFER TO CAMP RULES FOR DRESS CODES.**
- x Any material inconsistent with Christian testimony.

OPTIONAL ITEMS TO BRING

Camera / film

Spending money for gift shop, concession snacks, and vending machine

Hat

Water bottle

Where do we park at camp? For the safety of all campers, all vehicles (bus, van and cars) once unloaded will be parked in a designated parking area for the duration of camp. No vehicles will be driven during camp and may not be parked at the dorms.

What if someone needs to bring medications? All medications (prescription or over-the-counter) brought to camp **MUST BE** in the original bottle and/or container. **During Registration, the HLC Medical Staff will collect all medications from the church contact person.** The Medical Staff will then take and secure all medication in the Health Center. Medications will be administered as per RX label instructions and dosage, unless written, signed and dated instructions state otherwise. All medications along with the completed *Medication Administration Form* signed by the parent or legal guardian should be placed in a zip-lock bag and clearly labeled with the camper's name and church information. The HLC Health Center is stocked with a variety of over the counter medications as recommended by our Medical Director.

What are the CHURCH "COLOR" GROUPS? Each church will be assigned to a specific color group. The Church Group leader will be notified of your group's color soon after late registration closes. Churches are encouraged to bring color appropriate bandanas, clothes, etc for spirit competitions. Each color group will be similar in size based upon the total number of camp participants (i.e. 630 total campers, 6 colors groups = 105 per color group) Each color group will usually consist of two or more church groups. Your entire church group will rotate throughout the daily scheduled activities together.

What is church group time? Designated time is scheduled throughout the day for each Church Group to spend quality time together. This is a time for your entire church group to share with one another and reflect upon how God is moving. Youth leaders are encouraged to bring group building activities, musical instruments, short devotionals, and other such items for your Church Group Time.

Can I have an overview of what a day at camp looks like? Morning - After breakfast, each church group is allotted Personal Quiet Time. Each camper will be given a Handbook which contains 4 days of Quiet Time studies. Following Quiet Time all campers will join together for Morning Worship Celebration, which is followed by a church group time. For this church group time, each adult sponsor will receive "Talk Back" questions provided by the camp worship speaker. This is a helpful tool as the adults lead students in discussing how they can put personal application to the word heard. Afternoon - Your church group will rotate through the waterfront, tournament, and choice time activities as one color group. This color group will consist of several churches allowing your campers an opportunity to interact with students from other churches.

Specific time is set aside throughout the day for each Church Group to spend quality time together. This is a time for your entire church group to share with one another and reflect upon how God is moving. You are encouraged to bring group building activities, short devotionals, and other such games for your Church Group Time. Many churches bring guitars or instruments that are played during their normal times together. The welcome party, as well as some of your church group times, will be outside on the grounds. You may want to bring a blanket and / or outside games (Frisbee, etc.) for this time.

What is the camp dress code? Campers (students and adults) are expected to reflect a Christian example by their dress. **Sponsors, parents, and church leaders are responsible** for the clothing and appearance of the youth and adults attending camp. The manner of dress should be set and clearly communicated prior to leaving home. Modest skirts, dresses, shorts, and jeans are acceptable in worship. Immodest short shorts or tops, small tank tops, tight clothes, spaghetti strap tops, distasteful designs or messages, cheer shorts and other extreme clothes are not acceptable at any time. Shorts must be longer than the arm and hand when extended down the side of the person. One-piece swimsuits are preferred. All other swimwear will require a dark colored t-shirt to be worn over them at all times including while in the pool. Campers may be asked to change their attire if an adult or HLCCC staff feels their dress is inappropriate.

What do I do if a camper needs to leave early? For the safety of all campers, any student attending Journey Youth Camp that needs to leave early due to sickness or a scheduled event, **MUST** be picked up by the parent who signed the student **Registration / Liability Waiver and Medical Release form** or the student must provide camp administrators with a written note from his/her parent (along with photocopy of parents picture ID) authorizing that the student be released from camp to a specified adult. The student, church contact person and adult picking up the student **MUST** check-out through the Camp Office before leaving Highland Lakes Camp.

Is recreation mandatory? Yes, unless a student is physically unable he/she will be required to participate in all activities during camp. Any optional activities or events during camp will be clearly communicated, everything else is mandatory. Many of the recreation games involve water. It is strongly suggested that your campers bring grungy clothes for recreation "messy games" and preferably wear a colored t-shirt.

What if someone in my group has physical limitations? Please notify the Camp Program Office if someone in your youth group has a physical limitation (is in a wheelchair, on crutches, etc.). Every effort will be made to house any special needs camper in a centrally located dormitory.

Where will my church meet? Church group meeting locations will be assigned by HLC staff taking into consideration the size of your group.

What is the MISSION EMPHASIS PROJECT? Highland Lakes **Ring the Bell** is an on-going fund raising campaign for support of Christian camp ministry. Upon request, HLC will provide any interested camper Ring the Bell coin holder(s). Each coin holder will hold 40 quarters (\$10.00). The students bring their filled coin holder to camp. The Ring the Bell offering will be collected during a designated worship time.

Another option is to give to the **Austin Baptist Chapel** ministry. Austin Baptist Chapel mission helps feed the homeless in downtown Austin. During the summer months, their needs greatly increase because school is out. Help us minister to Austin by donating: canned goods, dry macaroni & cheese, peanut butter, canned meat, packaged cheese crackers, small boxes of laundry detergent, and personal hygiene items such as toothbrushes, toothpaste, deodorant, soap, hairbrushes. These items will be collected when you arrive at camp during check-in. Both mission emphasis projects are optional.

Can someone send mail while we are at camp? Incoming mail is sorted by church groups and can be received by a sponsor each day at the Camp Office. Mail sent to campers should be addressed to:

Camper's Name (Church Group & which Camp Attending)

Highland Lakes Camp and Conference Center

5902 Pace Bend Rd. N. • Spicewood, TX 78669

512/264-1777 *emergency use only*

How much spending money should I bring? During breaks and recreation time, HLC provides a conveniently located concession stand so that students can cool off with a soft drink or pick up a snack.

Items available will include: Soft drinks, bottled water, candy, & other snacks.

Items cost: .50—\$2

Souvenirs and Camp T-Shirts are available at the Camp Highlands Gift Shop.

Items cost: \$1—\$15

Color Group Shirts, bandanas and other spirit items may also be purchased at the Gift Shop.

Tell me about medical insurance while at camp? A secondary Medical Emergency insurance policy will be in effect for each person attending camp. This insurance is designed to provide *limited* coverage (in excess of a person's own medical insurance). A medical claim will be filed only if it becomes necessary, due to accident or illness which may occur during involvement with camp. If a Medical Claim is filed: Be advised that if the policy coverage limits is exhausted any remaining medical fee(s) will become the financial responsibility of the student's parent or legal guardian. It is recommended that each camper bring with them necessary proof of insurance (i.e. an insurance card showing policy number and how to contact your insurance company).

Can our Church Group reserve seats in the Worship Center? No. In an attempt to be fair to everyone - seating is assigned by "color" groups and rotated on a daily basis. Seating will be clearly marked before campers enter the auditorium as well as posted on the doors to the auditorium. Every color group will be given the opportunity to be seated near the front.

How will my church group be housed? Your church group will be housed in separate gender dorms. All your females will be housed in one dorm and all your males will be housed in a separate dorm. Each group may share their dorm with one or more churches. All dorms are fully air conditioned with running water and twin size bunk beds. Each camper will need to bring bedding, toiletries, towels, etc.